

PLANIFICACIÓ D'ACTIVITATS CURS 2024-2025

| DILLUNS | DIMARTS | | DIMECRES | DIJOUS |
|-------------------------------|----------------------------------|---------------------------------|-----------------------------|---------------------------------|
| 9:45-10:30 J.Fonda Vero | 9:45-10:45 Yoga Olga | | 9:45-10:30 Move Vero | 9:45-10:30 Stretch Meri |
| 13:15-14:15 Yoga Olga | 13:15-14:00 J.Fonda Moni | 13:15-14:15 Aeroyoga Olga | 13:15-14:00 Move Dani | 13:15-14:00 Pilates Olga |
| 19:30-20:30 Yoga Olga | 19:30 - 20:30 Pilates Olga | | 19:30-20:30 Yoga Moni | 19:45-21:00 Aeroyoga Olga |
| | 20:30-21:45 Aeroyoga Olga | | | |

Pack 4BODY 54,50 €/mes (matrícula gratuïta)

4BODY

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